



**WHAT TO BRING TO CAMP LA JITA (all sessions)**

ALL BELONGINGS SHOULD BE MARKED WITH CAMPER'S NAME.

Check list:

Hand Carry during Check-In

- Paperwork: Health History Form, Camper release form, and Camper Profiles
- Money for Trading Post & Photos. Envelopes with camper's money will stay in the Trading Post (the camp store) until Friday
- MEDICATIONS: Prescription Medicine in a Zip-lock bag with camper's name (Only those necessary!)
- Day pack (shoulder bag that closes, or drawstring bag) to carry personal items including swimsuit, towel and water/pool shoes
- Waterproof sunscreen-we suggest a high #SPF
- Water bottle

It also may be easier to pack and unpack campers' gear in a footlocker or trunk with her name on it.

<p><b>In Camper's Luggage</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Sheets, pillow, pillowcases (twin size) lightweight blankets or lightweight sleeping bag</li> <li><input type="checkbox"/> Campers usually sleep in Program Circle on Thursday night, so an air mattress or pad is recommended</li> <li><input type="checkbox"/> Shirts with short sleeves; NO HALTER/TANK TOPS PLEASE!</li> <li><input type="checkbox"/> One long-sleeved shirt</li> <li><input type="checkbox"/> Shorts</li> <li><input type="checkbox"/> Jeans or long pants</li> <li><input type="checkbox"/> Underwear</li> <li><input type="checkbox"/> Socks</li> <li><input type="checkbox"/> Pajamas</li> <li><input type="checkbox"/> Sweater or jacket (nights are cool)</li> <li><input type="checkbox"/> 2 pairs of sturdy shoes (no sandals)</li> <li><input type="checkbox"/> 1 pair of shower shoes and 1 pair water/river shoes</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Cap or sun hat with brim (A MUST - NO VISORS)</li> <li><input type="checkbox"/> Bandana/scarf</li> <li><input type="checkbox"/> Towels and washcloth for shower</li> <li><input type="checkbox"/> Toilet articles: (brush, comb, toothbrush, toothpaste, soap, deodorant etc.)</li> <li><input type="checkbox"/> Portable fan; not all cabins have electrical outlets</li> <li><input type="checkbox"/> Rain gear (large plastic garbage bag or poncho is fine)</li> <li><input type="checkbox"/> Flashlight with extra bulb and batteries</li> <li><input type="checkbox"/> Chapstick, Kleenex, hand lotion</li> <li><input type="checkbox"/> Insect repellent or Skin-So-Soft</li> <li><input type="checkbox"/> Mess kit (non-breakable plate, cup with handle, knife, fork, spoon, and dunking bag/mesh bag)</li> <li><input type="checkbox"/> Swimsuit, towel for pool</li> <li><input type="checkbox"/> Plain, white T-shirt, (pre-washed), for tie-dying</li> </ul>
---	---

**For Fun:** we like to have fun, so we will have the following themed days you can bring specialty items for: PJ breakfast Monday, Tutu Tuesday, Wacky Wednesday, Throwback Thursday, and Fun Hat Friday

**OPTIONAL ITEMS:** Camera, film and board games, letter-writing materials (pre-addressed, stamped postcards/envelopes, paper, pencils, etc.)

**LEAVE AT HOME** - Gum, candy, food, radios, electronic games and good jewelry. Staff will collect these items if brought to camp. They will be turned into the office for safe keeping and returned the final day of camp. PLEASE DO NOT SEND CANDY OR FOOD TO CAMP!!! Afternoon snacks are provided.

**PLEASE NOTE** - The camp staff cannot be responsible for jewelry, radios, cameras, or other expensive items.

**LOST AND FOUND** -The camps are not responsible for personal belongings left at camp. All lost and found items will be housed at the West Side Girl Scout Leadership Center. ALL LOST AND FOUND WILL BE DONATED TO CHARITY ON AUGUST 31, 2022.