WHAT TO BRING TO CAMP LA JITA (all sessions)

ALL BELONGINGS SHOULD BE MARKED WITH CAMPER’S NAME.

Check list:

Hand Carry during Check-In

- Paperwork: Health History Form, Camper release form, and Camper Profiles
- Money for Trading Post & Photos. Envelopes with camper’s money will stay in the Trading Post (the camp store) until Friday
- MEDICATIONS: Prescription Medicine in a Zip-lock bag with camper’s name (Only those necessary!)
- Day pack (shoulder bag that closes, or drawstring bag) to carry personal items including swimsuit, towel and water/pool shoes
- Waterproof sunscreen—we suggest a high #SPF
- Water bottle

It also may be easier to pack and unpack campers’ gear in a footlocker or trunk with her name on it.

<table>
<thead>
<tr>
<th>In Camper’s Luggage</th>
<th>OPTIONAL ITEMS</th>
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<tbody>
<tr>
<td>□ Sheets, pillow, pillowcases (twin size) lightweight</td>
<td>□ Cap or sun hat with brim (A MUST - NO VISORS)</td>
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<tr>
<td>blankets or lightweight sleeping bag</td>
<td>□ Bandana/scarf</td>
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<td>□ Campers usually sleep in Program Circle on Thursday</td>
<td>□ Towels and washcloth for shower</td>
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<td>night, so an air mattress or pad is recommended</td>
<td>□ Toilet articles: (brush, comb, toothbrush, toothpaste, soap, deodorant etc.)</td>
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<td>□ Shirts with short sleeves; NO HALTER/TANK TOPS</td>
<td>□ Portable fan; not all cabins have electrical outlets</td>
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<td>PLEASE!</td>
<td>□ Rain gear (large plastic garbage bag or poncho is fine)</td>
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<tr>
<td>□ One long-sleeved shirt</td>
<td>□ Flashlight with extra bulb and batteries</td>
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<td>□ Shorts</td>
<td>□ Chapstick, Kleenex, hand lotion</td>
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<td>□ Jeans or long pants</td>
<td>□ Insect repellent or Skin-So-Soft</td>
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<td>□ Underwear</td>
<td>□ Mess kit (non-breakable plate, cup with handle, knife, fork, spoon, and</td>
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<td>□ Socks</td>
<td>dunking bag/mesh bag)</td>
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<td>□ Pajamas</td>
<td>□ Swimsuit, towel for pool</td>
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<td>□ Sweater or jacket (nights are cool)</td>
<td>□ Plain, white T-shirt, (pre-washed), for tie-dying</td>
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<td>□ 2 pairs of sturdy shoes (no sandals)</td>
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<td>□ 1 pair of shower shoes and 1 pair water/river shoes</td>
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For Fun: we like to have fun, so we will have the following themed days you can bring specialty items for: PJ breakfast Monday, Tutu Tuesday, Wacky Wednesday, Throwback Thursday, and Fun Hat Friday

OPTIONAL ITEMS: Camera, film and board games, letter-writing materials (pre-addressed, stamped postcards/envelopes, paper, pencils, etc.)

LEAVE AT HOME - Gum, candy, food, radios, electronic games and good jewelry. Staff will collect these items if brought to camp. They will be turned into the office for safe keeping and returned the final day of camp. PLEASE DO NOT SEND CANDY OR FOOD TO CAMP!!! Afternoon snacks are provided.

PLEASE NOTE - The camp staff cannot be responsible for jewelry, radios, cameras, or other expensive items.

LOST AND FOUND - The camps are not responsible for personal belongings left at camp. All lost and found items will be housed at the West Side Girl Scout Leadership Center. ALL LOST AND FOUND WILL BE DONATED TO CHARITY ON AUGUST 31, 2022.